

Whole Health Associates

Center for Integrative Medicine

DIRECTIONS TO OUR OFFICE

From the North:

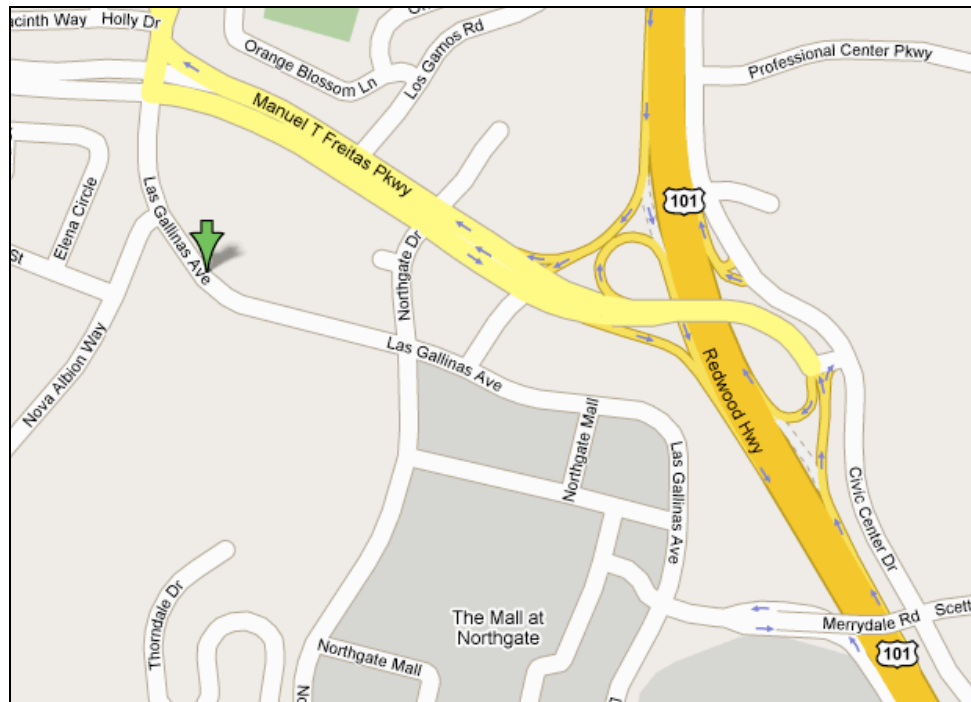
Go south on Highway 101 to the Freitas Pkwy/Terra Linda exit. Bear to the right after the exit (follow the sign to Terra Linda) onto Manuel T. Freitas Parkway. Just past the Safeway supermarket, turn left at the traffic light onto Las Gallinas Avenue. Continue through the next traffic light (Nova Albion Way). 880 Las Gallinas is the 2nd building on the left. Our office is in suite #1, at the rear of the courtyard on the upper level.

From the South:

Go north on Highway 101 to the Freitas Pkwy/Terra Linda exit. Continue straight on the exit ramp, crossing over the highway. Stay in the middle lane and continue straight onto Manuel T. Freitas Parkway. Just past the Safeway supermarket, turn left at the traffic light onto Las Gallinas Avenue. Continue through the next traffic light (Nova Albion Way). 880 Las Gallinas is the 2nd building on the left. Our office is in suite #1, at the rear of the courtyard on the upper level.

Parking:

2 hour un-metered street parking is available along Las Gallinas Avenue. You can also park in the lot under our building. This is accessed from Nova Albion Way – the alley that runs behind Safeway and our office building. Ours is the 2nd building down the alley on the right. Look for the Whole Health Associates banner on the building. Please park in the stalls marked “Reserved for Whole Health Associates.”



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